**[INSERT ORGANISATION] is committed to ‘Caring about Equality’ this Carers Week**

[INSERT ORGANISATION] is inviting carers, local businesses and other supporters to get involved in Carers Week 2025, running from 9th-15th June.

This year’s theme, ‘Caring about Equality’, will focus on highlighting the challenges and inequalities faced by unpaid carers across the UK, calling for a fairer society where they have access to greater support.

[INSERT ORGANISTION] will be [ADD DETAILS OF YOUR CARER’S WEEK PLANS – what events are you holding? What resources will you be sharing? How can carers get involved?]

There are 5.8 million people in the UK caring for a family member, friend or neighbour who is ill, older or disabled. Despite contributing an estimated £184 billion to the UK economy each year, many carers feel undervalued and unsupported.

Carers Week 2025 is organised by Carers UK, alongside charity supporters Age UK, Carers Trust, MND Association, Oxfam GB, Rethink Mental Illness, The ME Association and The Lewy Body Society.

Together, the eight charities are welcoming individuals and organisations to join them in raising awareness, to increase visibility for carers with decision makers, services, employers, communities, and businesses.

**[INSERT NAME] from [INSERT ORGANISATION] said:**

‘Carers Week is a vital opportunity for our community in [INSERT AREA] to come together and recognise the important contribution carers make to support some of the most vulnerable in our society, and raise awareness of the inequalities carers face, including a greater risk of poverty, social isolation, and poor mental and physical health.

‘Our plans for Carers Week will support carers by [INSERT DETAILS].’

**Helen Walker, Chief Executive of Carers UK, said:**

‘Carers Week 2025 is a crucial opportunity to raise awareness, highlighting those who provide essential care to family members, friends or neighbours who need it most. We want to see a future where carers have the right support and the same opportunities to lead healthy and financially secure lives alongside their caring role.

“Individuals, employers, businesses, schools, health and care services can make a difference by coming together to highlight the importance of **‘Caring about Equality’.** With all parts of the community involved, we can work together for an equal society, where carers are recognised, valued and supported.’

To find out more about the events taking place in [INSERT AREA] and for information and resources for carers, visit [www.carersweek.org](http://www.carersweek.org).

**Media contact**

For media inquiries, please contact [INSERT CONTACT DETAILS].

**Notes to editors**

Carers Week takes place from 9-15 June 2025 across the UK.

Each day of Carers Week will have a different focus around equality for carers. These themes are:

* Monday – Health and social care
* Tuesday – Financial wellbeing
* Wednesday – Work and employment
* Thursday – Young carers
* Friday – Older carers
* Saturday – Mental health and wellbeing
* Sunday – Reflections

Established by Carers UK, Carers Week is an annual awareness raising campaign which recognises the vital contribution made by the UK’s 5.8 million carers.

Carers Week is supported by Age UK, Carers Trust, MND Association, Oxfam GB, Rethink Mental Illness, The ME Association and the Lewy Body Society. To find out more, visit <https://www.carersweek.org/>.

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